

1. Intensive graded exercise program using the affected arm

2











| Interaction type | Description | During Shaping | During Task Practice | |
|------------------|---|--|---|---|
| Feedback | Provide knowledge of results (e.g. number of repetitions completed) | Immediately after each trial | At the end of the entire task | The importance of positive feedback and coaching ¹ |
| Coaching | Provide specific suggestions to improve movements | Provided frequently throughout all shaping trials | Throughout entire task practice session but not as frequently as in shaping tasks | |
| Modelling | Physically demonstrate the task | At the beginning of the shaping tasks and repeated as needed | At the beginning of a task practice activity | |
| Encouragement | Provide reward to increase motivation and promote maximal effort (e.g. "great work! Keep trying") | Provided frequently throughout all shaping trials | Throughout entire task practice session but not as frequently as in shaping tasks | |
| Regressi | ons in performance | e are not emp | hasised | |







