

Additional TeleCIMT assessment items list

Participants being assessed for their TeleCIMT program over video call can be encouraged to send you short videos of themselves attempting the four Motor Activity Log tasks **prior** to their TeleCIMT assessment session (see the 'TeleCIMT assessment' form for details). They can read their preparation pack and watch the related video to find out how to do this.

You may require further clarification on some specific UL movements deficits after you have observed the participant attempting the four MAL tasks. In this instance, you can send the additional TeleCIMT assessment items list **below** for the participant / supporter to gather necessary objects to use during their video call assessment. Ask them to gather these items prior to the session to save time. Objects include a variety of common everyday household items. Not all items are required for assessment. Choose objects which a) best suit your participant's goals and b) allow you to assess specific upper limb movements in more detail. You can edit the form to delete items not required for assessment if desired.

Tasks can be assessed in standing or sitting depending on the information required. Assessing participants with a range of everyday household items will also allow you to see which objects they can use in function prior to the program starting. During the set-up stage of the program, you can then set some shaping or task practice exercises based on this knowledge, where they relate to the participant's goals. You will find some of the items from the list below used in the 'Shaping practice library' and 'Task practice library' on the TeleCIMT website.

Additional items to gather for your TeleCIMT video assessment

Your therapist has provided you with this list of common household objects to gather before your TeleCIMT assessment over video call. It doesn't matter if you can't find all of them. Just collect up the items you have easy to hand. You may use these items during the video call and this will aid your therapist in assessing your weaker arm. Having the items read before starting the video assessment will save you time!

| Objects to gather prior to your assessment session | | | |
|--|---|---|---|
| Coins, dried beans or toothpicks |  | or |  |
| | | or |  |
| 1x average sized food tin |  | | |
| 1 x round vitamin container or smaller food can | | | |
| Non-breakable cups / beakers e.g. plastic mug / cup, travel mug, beaker with lid | | | |
|  |  |  |  |
| 1 x hairbrush or comb |  |  | |
| A few different sized jars with lids, plus x 1 water bottle with lid | | | |
| |  |  | |
| 1 x cloth or flannel for wiping down surfaces | | | |
| Jug with handle (preferably plastic) or milk bottle with handle | | | |
| |  |  | |
| Some books (your therapist may get you to pile these up to see how high you can reach) | | | |
| 1 x pen e.g. biro or pencil | | | |
| |  |  | |
| 1 x pack of playing cards or 1 x drinks coaster | | | |
| |  |  | |
| 1 x hat with sides to grip | | | |
| |  | | |
| Ball (about size of tennis ball) | | | |
| |  | | |
| 1 x plastic plate | | | |
| | |  | |
| A key | | | |
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