

Setting up
Task practice
in TeleCIMT

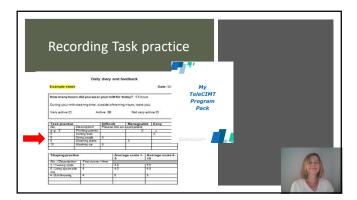
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1. Use the set up of the task to drive the movement you want to promote
2. Aim to keep the stronger arm on holiday
3. Make the task level challenging but definitely feasible
4. If the participant is struggling with the task, the task is too difficult, simplify the task!
5. Start with the most feasible tasks

13 14



Progressing
Task practice...

Progressing Task practice activities through the program using therapy sessions to give guidance on this

Progressions can be added to the Task practice list by the participant, or ticked off if already present on the list

Look for tasks that are recorded as 'easy' on the daily diary sheet for potential progression

Keep progressions manageable to ensure continued success

Celebrate progressions with the participant

Encourage the participant to progress tasks themselves towards the end of the program

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