**TeleCIMT screening: additional information for therapists**

**Overview**

The TeleCIMT screening process should take no more than 15-20 minutes to complete. This may vary according to your level of prior knowledge of the participant, and whether they are screened over video call or face to face.

There are two parts to the screening process:

1. ‘Essential criteria’ (all criteria to be met before continuing with additional screening)
2. ‘Additional criteria to consider’ (to enable effective planning of the program).

**Essential screening criteria**

Prior to discussing TeleCIMT with the participant, screen them for as many of the essential criteria using existing knowledge first. This can:

* save you time
* avoid raising unnecessary hopes for the participant about doing a TeleCIMT program if they do not meet all essential criteria.

*The* *flannel test*

It is worth noting the participant’s emotional reaction to completing the flannel test as this may tell you more about their level of tolerance using their weaker arm intensively on a program. For instance, someone may manage to pick up and release the cloth seven times onto a table in 1 minute. They may become extremely frustrated in the process of doing so which may highlight a low tolerance for the demands of a TeleCIMT program. Conversely someone else could complete the test three times in one minute but remain calm and positive about their performance, despite being a physically lower-level candidate. All requirements of the program, including emotional resilience, should be discussed.

**Additional criteria for consideration**

Please refer to appendix 1 on the back of the TeleCIMT screen form. The appendix lays out clinical questions which you can ask in relation to the additional criteria on the form.

Each participant should be provided with the ‘TeleCIMT information brochure’ before making an informed decision about whether to come onto the program. Whilst a participant may meet all essential criteria, further discussion around the additional criteria may highlight extra challenges which need careful consideration. Or, conversely, issues highlighted may alert you about how to plan and manage the program more effectively with the participant.