**TeleCIMT therapist program timetable example**

**\*\*Prior to Prep week 1:** Complete **TeleCIMT screen** with participant, provide them with **TeleCIMT brochure** and participant **‘Preparation pack’**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Prep week 1\*\* | Follow ‘TeleCIMT Assessment’ checklist for assessment preparation | Assessment prep | Assessment prep | Ensure any videos / worksheets from preparation pack are completed / sent by participant prior to assessment | **TELECIMT ASSESSMENT** via videocall or in person if possible (1 hour) |
| Prep week 2 | **PREPARATION SESSION** with participant / supporter (videocall 1 hour) | Prepare participant ‘Program pack’ | Prepare participant ‘Program pack’ | Complete and send ‘Program pack’ to participant |  |
| Week 1 | **SET UP SESSION**: 1:1 with participant / supporter via video call (1.5 - 2 hours) | Daily feedback with participant a.m. | 1:1 video session with participant and supporter, including daily feedback (1 hour) | Daily feedback with participant a.m. | 1:1 video session with participant / supporter, including daily feedback (1 hour) |
| Week 2 | Daily feedback with participant a.m. | 1:1 video session with participant and supporter, including daily feedback  (1 hour) | Daily feedback with participant | **MIDWAY REVIEW** 1:1 video session (review MAL. Decide on daily feedback method for remainder of program)  (1 hour) | Optional daily feedback with participant |
| Week 3 | Optional daily feedback with participant | 1:1 video session with participant and supporter, including daily feedback  (1 hour) | Optional daily feedback with participant | Optional daily feedback with participant | **END-PROGRAM EVALUATION**: video re-assessment with participant (1.5 - 2 hours) Provide follow-up options |

Please follow the **TeleCIMT checklist** for more detailed advice on running a TeleCIMT program.