

Acute Stroke Action Program



An RACGP and ACRRM accredited CPD activity (40 points)

Module 3 Summary sheet

Once you have completed module 3 (see following page), fill in this summary sheet and then:

PLEASE EMAIL TO: remedy.education@syd.ddb.com or PLEASE FAX TO: (02) 8260 2467

PLEASE PRINT IN BLOCK LETTERS:

Title: _____ First Name: _____ Surname: _____

RACGP CPD number: _____

Phone: _____ Email: _____

I confirm that I have completed module 3 for the Acute Stroke Action Program accredited CPD activity.

Signed: _____ Date: _____

Learning outcomes

At the conclusion of the full educational program, participants will be able to:

- > Describe the serious burden of stroke in Australia and the challenges that need to be overcome to reduce this burden
- > Proactively identify patients at increased risk of stroke within their practice
- > Implement guideline-based management approaches to reduce risk of stroke in both patients at risk for stroke and in those who have had a prior stroke
- > Triage patients with acute stroke to help ensure optimal outcomes
- > Develop practical strategies within their practice to ensure F.A.S.T. awareness



Activity Number: 215047



ActivityID Number: 21823

Education provider

DDB Remedy

46-52 Mountain Street,
Ultimo, NSW 2007.

Phone: (02) 8260 2222.

Provider no. 557853



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Module 3

Step 1: Patient identification

- > Search your clinic's medical records to identify three patients with risk factors for stroke for example, patients with atrial fibrillation, diabetes, hypertension, dyslipidaemia, smoker

Alternatively, the following steps can be applied to the next three patients that visit the clinic who have risk factors for stroke.

Step 2: Review of stroke risk factor management

- > Assess absolute CV risk for this patient
- > Review current management against best practice guidelines

Step 3: Recall the patient

- > Systematically assess current CV risk factors and optimise management based on best practice guidelines

Step 4: Provide patient education

- > For the three patients you have identified as at risk for stroke, ask them to:
 - Describe symptoms of a heart attack, and what they would do if they (or someone they know), experienced them
 - Describe symptoms of a stroke, and what they would do if they (or someone they know), experienced them
- > Review the signs and symptoms of stroke and the need to act F.A.S.T.

Step 5: Review systems and protocols in your practice for stroke prevention and management

- > Review systems and protocols in your practice for identifying and managing patients at risk of stroke and update these where appropriate
- > Ensure all staff are aware of the signs and symptoms of stroke and the need to act F.A.S.T.



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