**Essential screening criteria** Score “Yes” for ALL essential criteria to continue with screen **Yes No**

|  |
| --- |
| 1. Can the participant / supporter complete video calls from home, or be helped to do so?
 |[ ] [ ]
| 1. Does the participant have **active** finger extension (minimum 10 degrees) and wrist extension (minimum 20 degree)?

 QUICK TEST: Can they pick up AND release a washcloth from a table with their affected hand only (3 x in 1 minute) | [ ]  | [ ]  |
| 1. Does the participant use their stronger arm in place of their weaker arm in everyday tasks?
 |[ ] [ ]
| 1. Are the participant and supporter motivated to engage in intensive upper limb therapy?
 |[ ] [ ]
| 1. Is there access to full medical history and is the participant free from any medical issues which could prevent them from safely participating in an intensive 3 week therapy program?
 |[ ] [ ]
| 1. Is the participant free of any marked cognitive difficulties which may affect their safety judgement?

If no, do they have a supporter who could manage safety aspects of the TeleCIMT program, with therapist support? | [ ] [ ]  | [ ] [ ]  |

**Screening criteria to consider** *Provide TeleCIMT information leaflet*. *Use appendix 1 to assist with decision-making if ‘yes’ answered to following:*

|  |
| --- |
| 1. Does the participant experience **extreme fatigue** currently?
 |[ ] [ ]
| 1. Does the participant have significant **pain** which prevents them from engaging in ADLs?
 |[ ] [ ]
| 1. Does the participant have a **falls history** or describe being often unsteady on their feet?
 |[ ] [ ]
| 1. Does the participant have any significant **mental or emotional health difficulties**?
 |[ ] [ ]
| 1. Does the participant have any **communication needs**?
 |[ ] [ ]

**TeleCIMT screen decision:**

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| --- |
| Having been informed about the TeleCIMT program requirements, do the participant and supporter understand what is required of them and consent to participate in the program? |[ ] [ ]

**Therapist name and profession:**

**Signature:**       **Date:**

**Appendix 1: Further screening questions for consideration**

**Extreme fatigue**

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| * The TeleCIMT program is likely to build participant stamina but consider scenarios where they need to avoid becoming too fatigued
* Can the therapist modify the program to build in regular rest breaks or can the program be spread over more weeks?
* Does the participant understand the time and effort requirements of the program and think they can cope?
 |

**Pain**

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| Some participants may complain of pain prior to a CIMT program, possibly due to prolonged immobility of the arm or more complex reasons. Identification of pain alone should not exclude someone from the program; increasing use may not worsen it and could even improve it.* Follow your organisation’s pain management protocols
* If deemed suitable for participation, consider if tasks can be modified, rest periods taken to allow participation within pain limits.
 |

**Mobility**

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| * Consider how to deliver the program to reduce the risk of falls e.g. complete all tasks in sitting or standing & mitt off for all mobility
 |

**Mental and emotional health**

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| --- |
| If the participant has a history of significant mental health issues, check whether they and their supporter:* Understand that the program can be frustrating at times and may bring about negative emotions
* Recognise when more serious mental health symptoms are triggered, or are at risk of being triggered
* Have known strategies which can be put in place during the program to help if they become triggered
* Are aware there are core strategies to reduce frustration (provided in the program preparation pack)
 |

**Communication**

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| --- |
| Consider how the program can be adapted to suit the specific communication needs of the participant. For example:* Use less of the paperwork to read and fill out / using phone calls for feedback
* Could the supporter take the lead on communication between the participant and therapist
* Identify what the participant / supporter think the most useful communication strategies are for them
 |