**My daily TeleCIMT schedule**

|  |  |  |  |
| --- | --- | --- | --- |
| **TIME** | **ACTIVITY** | **MITT ON** | **MITT OFF** |
| 07:00 |        |        |        |
| 08:00 |        |        |
| 08:30 |        |        |
| 09:00 |        |        |
| 09:30 |        |        |
| 10.00am |        |        |        |
| 10.30am |        |        |
| 11.00am |        |        |
| 11.30am |        |        |
| 12.00pm |        |        |        |
| 12.30pm |        |        |
| 1.00pm |        |        |
| 1.30pm |        |        |
| 2.00pm |        |        |        |
| 2.30pm |        |        |
| 3.00pm |        |        |
| 3.30pm |        |        |
| 4.00pm |        |        |        |
| 4.30pm |        |        |
| 5.00pm |        |        |
| 5.30pm |        |        |
| 6.00pmonwards |        |        |        |
|        |        |

**Therapist name and profession:**       **Signature:**       **Date:**