A multimedia problem based learning package

A Victorian Stroke Clinical Network Project

#### Work Book 4

## Breaking down the barriers

# Module 4: Enhancing Communicative Success following Stroke: a multimedia problem based learning package

## Helping people say what they know...

Our goal of using communication ramps is to help reveal what people with aphasia know. This session will tie all the pieces together that you have learnt over the last modules. Acknowledging competence is a very important tool when speaking with someone with aphasia.

"I know you know..."

When a communication breakdown occurs, indicate to the person with aphasia that you understand that they do know what they are trying to say, it's just hard to get the words out. This communicates respect and allows the person to feel less pressure.

## Ramp Toolkit

Before you even start talking:

- Make sure they are wearing their dentures, glasses & hearing aids
- Position the person in a natural position for a conversation make sure they are comfortable
- Always carry pen and paper
- Use communication aids in the room provided by the Speech Pathologist

#### View the following video

| Geon is a great example of total communication: |  |  |  |  |  |  |
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# Make a list with the group

What situations might be easier to convey with pictures rather than words to a person with aphasia? It could be pain, feeling unwell etc.....

| This list can be given to your speech pathologist to help generate some useful resources for you to use.  |
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| Lets Practise   |
| Watch the next video. When the blue screens with instructions pop up, press pause to ensure you have enough time to discuss the video           |
| At every opportunity, try to use the different strategies we have provided you and practise using them as if you were having this conversation! |
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# How did you go?

Often talking slower, repeating yourself makes you feel uncomfortable or awkward! You will get used to changing between this way of communicating and your normal style – however, it is an extremely beneficial way to help a person with aphasia communicate and participate.

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