

What's NEW!

Organisational Survey - New Questions

9.102 What is the average number of minutes of active physical therapy (PT and/or OT) that is provided per week? This should include total therapy delivered via any mechanism – 1:1, group/circuit classes, allied health assistants.

- **New question will enable comparisons and monitoring with updated guideline recommendations. Estimated average number of minutes of active physical therapy provided in a week (either face to face, in group/circuit class or with assistant). This does not include time in self practice or semi supervised practice (with family, nursing staff, etc.).**

9.11 How long on average do patients with motor impairments undertake active physical therapy (physiotherapy and/or OT) per day?

- **An extension of this question will assist in defining possible reasons for factors that may lead to lower amount of practice a patient receives at your service.**

See below:

L9.11 – 9.115 Providing the right amount of physical activity can be limited by a number of factors. Which of the following are factors at your service?

- Staff factors (time/skill, etc.)
- Patient factors (capacity, dependence, etc.)
- Service factors (equipment, environment, timetabling, etc.)
- Time spent on non-patient contact activity, including time spent in information exchange with other clinicians
- Not applicable (we provide recommended levels to all patients)

9.116 Does your site include individually-tailored exercise interventions to improve cardiorespiratory fitness?

- **New question in line with strong guideline recommendations.**

A 'Yes' response can be selected if routine provision of exercise to improve cardiorespiratory fitness (i.e. exercises that specifically increase heart rate to achieve greater cardiorespiratory fitness) is provided. This may be via treadmill walking/running or stationary bike or arm ergometer.

Clinical Audit - Updated Questions

10.830 Did the patient have a carer?

- **An extension of the carer questions.**
If 'Yes', answer to subsequent questions are required.

10.840 Did the carer receive relevant carer training?

10.841 Reason (if, 'No'):

Patient transferred to inpatient rehab or other acute care / Carer declined / Other

10.850 Did the carer receive a support needs assessment (e.g. physical, emotional and social)?

10.851 Reason (if, 'No'):

Patient transferred to inpatient rehab or other acute care / Carer declined / Other